

Notices.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

M.M., Tunbridge Wells.—We should advise you to write to Dr. Fletcher Little, 32, Harley Street, Cavendish Square, London, W. We feel sure he would give you the best possible advice on the subject.

Monthly Nurse.—A healthy baby may with advantage have a tub daily from the time of its birth, but if it is born in the afternoon or later and consequently is bathed for the first time late in the day, the bath should be omitted on the following day. A premature infant should be

wrapped in cotton wool, and only bathed if a medical practitioner authorises it. Such a child should have its food more diluted, and less in quantity than a full time one, as its stomach is less developed. Sometimes rubbing with cod-liver oil is ordered, and no doubt a certain amount of nourishment is absorbed in this way.

Matron.—It is certainly part of a Matron's duty to suggest suitable nurses for subordinate appointments in the training school to her committee. She has observed the nurses through the whole of their career, and should be able to gauge their suitability for given posts. In some schools it is the custom to appoint a Sister on a three months' probation in order that the Hon. Visiting Surgeon or Physician may have an opportunity of forming an opinion on her fitness for the higher post.

Home Sister, Leeds.—Try Sapon—it is an essence of soap in dry powder, and removes grease from any material in an almost miraculous manner. Kitchen dishcloths are almost impossible to cleanse by the usual methods. You can get it at all the leading grocers, but a sample will be sent free if you write to Sapon, Limited, 33, St. Swithin's Lane, E.C.

District Nurse.—You would find the Maggi's specialities very useful, as they are so quickly and easily prepared, and the high standard of quality maintained by them is well known. The convenient way in which they are supplied is also an added attraction. The gluten cocoa is put up in boxes of twelve tablets, which cost 1s. 1½d. post free, and only requires the addition of boiling water to make a delicious cup of cocoa. The consommé, which is put up in gelatine tubes, can immediately be converted into an excellent clear soup with the addition of boiling water. The Cross Star soups, most of which have a vegetable basis, and which require boiling for a short time, are ideal purées. All these preparations may be obtained from Messrs. Cosenza & Co., 95, Wigmore Street, W., and no household should be without them.

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STANLEY SMITH, Secretary.

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